

Clinical and Behavioral Health Support Services for Adults with Intellectual & Developmental Disabilities (I/DD)

Looking to...

Improve your social skills?

Gain more confidence?

Ease stress and anxiety?

Decrease depression?

Learn coping skills?

Adjust to a new challenge or transition?

We Can Help You!!!

expanded services now available



ADVANCING INDEPENDENCE FOR ADULTS WITH DISABILITIES

JESPY House, a highly-regarded non-profit organization serving the I/DD community for 40 years, is expanding its professional services to support the clinical and behavioral health needs of those within the surrounding community.

Let JESPY's clinical team advance your independence, increase your confidence, and help you adjust to a new challenge.

Through individualized treatment approaches and evidence-based practice, we help our clients feel confident in knowing that their treatment is our top priority.

SERVICES

- Short-term or long-term counseling
- Crisis intervention
- Behavioral intervention
- Family/couples counseling
- Individual Assessments

COUNSELING BENEFITS

- Increased self-confidence
- Decrease in depression and anxiety
- Healthier relationships
- Improved social skills

PROFESSIONAL STAFF

Our Clinical and Behavioral Health team, credentialed with Master's Degrees and specialized certifications, has extensive expertise in working with adults with I/DD. Clients benefit from our team's vast experience in counseling and clinical social work.

Staff are licensed in the following areas:

- Licensed Clinical Social Worker (LCSW)
- Licensed Associate Counselor (LAC)

Staff are certified in the following areas:

- Trauma
- Rational Emotive Behavior Therapy (REBT)
- Cognitive Behavioral Therapy (CBT)
- Gerontology
- Advanced Assessment and Diagnosis

REFERRALS

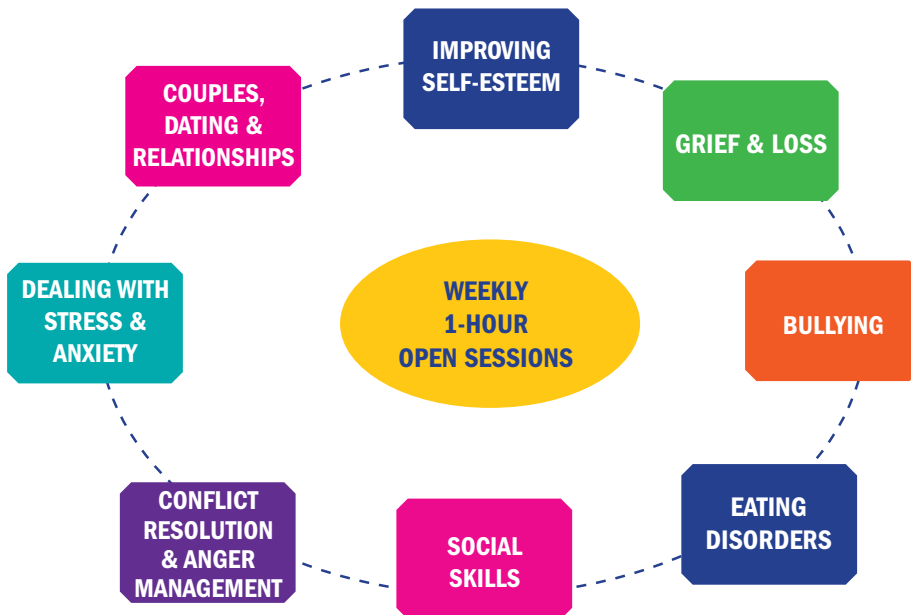
Referrals may be initiated by:

- Adults with I/DD
- Family Members
- JESPY Professionals
- Support Coordinators

There is active communication throughout JESPY House with all members of the client's team. Such teamwork is essential to remain focused on achieving the client's identified goals.

Overall, Clinical and Behavioral Health Support Services focuses on the strengths, interests, and talents of our clients while providing the appropriate skills needed in their growth towards greater independence.

Groups and Workshops



PAYMENT OPTIONS:

- Private Insurance
 - Out of network benefits
- Private Pay

FOR MORE INFORMATION:

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*JESPY House is a 501(c)(3) non-profit organization.