

# hello March!



# 2019

Blue = Must Sign Up (Shay Remillard, ext. 424 or sremillard@jespy.org)  
*For any trips or groups in blue, you must sign up with Shay via phone or email to be guaranteed a spot on the trip. If you show up without signing up and there are no openings, you will be turned away. If you sign up for a trip that requires a ticket purchase, you will be responsible for that cost even if you cannot attend the outing.*

Please also note that the location for all activities are listed next to their activity names. For any **\*\*community trips** or **athletic events**, clients should expect to meet at the Judi House unless otherwise instructed and should only arrive 15 minutes before the departure time. **Any questions or concerns regarding sports please call Jerica Best, Athletics Coordinator, ext 426 or Tabitha Richardson-Smith, Head Coach, ext 304.**

Please check for any altered café hours throughout the month in **bold purple font.**

Please remember that the café closes at 6pm daily, and Monday thru Friday, clients are able to choose one of the available programs to attend after 6pm.

## Friday, March 1st

4p-5p Computer Class (J4)

4p-4:45p Bingo (J4)

5p-8p

Table Trivia Night @ the  
café!!

(Each Table is a team,  
Good Luck!!!)

**Community Dinner will be  
served @ 6:30pm.**

## Saturday, March 2nd

10:30a-11a Activity Planning  
Session (J4)

12p-1p Dine-in Deli Lunch (J4)

1p-2p JESPY Journal (J4)

4p-5:30p Night at the Movies  
presents: Stuart Little (J4)  
(Snacks provided)

**Bowling Sectionals TBA**

**\*\* 11a - 4p Rockaway Mall (Bring \$  
for lunch and purchases)**

Sunday, March 3rd	Monday, March 4th	Tuesday, March 5th	Wednesday, March 6th
<p>10a-11a Open Breakfast (J4)  12p-2p Iron On Beads (J4)  2p-3p Checkers tournament (J4)  4p-5:30p Open Mic Night (J4)</p> <p><b>Basketball Games</b>  <b>Woodrow Wilson HS, Clifton</b>  <b>TBA</b></p> <p><b>**10a-2p Day of Caring Volunteer Event @ Adath Synagogue (Bring \$ for lunch)</b></p>	<p>4p-5p JESPY Planters (J4)  5p-6p Couponing (J4)  5p-6p Poetry (J2)</p> <p><b>**6p-8p Dunkin Donuts + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</b></p> <p><b>6p-8p J-Street Band Practice (J2)</b>  <b>6p-8p Shoprite (Bring \$\$ for purchases) (J2)</b></p>	<p>4p-5p Healthy Choices (J4)  5p-6p Kitchen Basics (J4)  5p-6p Current Events (J4)  <b>6p-7p Women's Book Club</b>  <b>6p-7p Music Composition (J4)</b>  <b>7p-8p Photography (J4)</b>  <b>7:30p-8:30p Zumba (J2)</b>  <b>6p-7:30p Walking Group (J4)</b>  <b>6p-8p P.A.C.E. Work Program (J4)</b></p> <p><b>Basketball Practice 5:30p-6:30p</b>  <b>Depart 4:45 (J4)</b>  <b>@ Hoop Heaven</b></p>	<p>4:30p-5:30p Latch Hook Craft (J4)  5p-6p Glee Club (J4)  <b>5p-6p TOUR OF THE OCH HOUSE WITH AUDREY (J4)</b>  6:30p-7:30p Theatre Group (J2)  6p-8p 45 + Group (Chair Exercise) (J4 upstairs)  <b>6p-8p Catering Club (J4 Kitchen)</b>  <b>6p-8p Nutritional Cooking Group (J2 Kitchen)</b>  <b>**6p-8p Walmart (Bring \$\$ for purchases)</b></p>
Thursday, March 7th	Friday, March 8th	Saturday, March 9th	<p><b>Group Exercise is <u>every</u> Monday thru Thursday in March and each day, including during the café closing on the 13th. It starts at 4pm.</b></p>  <p><b>Please note that for practices, both the scheduled practice time, as well as the departure time from J4 for any clients traveling with JESPY are both listed. Please reach out to Jerica with any questions (ext 426).</b></p>
<p>5p-6p Kitchen Basics (J4)  5p-6p Yoga &amp; Meditation (J2)  5p-7p Zentangle (J4)  <b>5p-8p Young Adult Group (J4)</b>  <b>6p-8p JESPY Entrepreneurs (J4)</b>  6p-8p Social Action (J4)  <b>6p-8p J-Street Band Practice (J2)</b>  7p-8:30p Knitting (J4)</p> <p><b>*Bowling Practice 6p-7p</b>  <b>Depart 5p (J4)</b></p>	<p>4p-5p Computer Class (J4)  4p-4:45p Bingo (J4)  <b>6:30p Temple Beth Shalom Service</b>  5p-8p</p> <p><b>CLUB JESPY</b></p> <p>Come cut a rug in the JESPY café!  <b>Community Dinner will be served @ 6:30pm.</b></p>	<p>10:30a-11a Menu Planning Session (J4)  12p-1p Dine-in Deli Lunch (J4)  1p-2p How many words? (J4)  4p-5:30p Night at the Movies presents: Christopher Robin (J4) (Snacks provided)</p> <p><b>**10:30a - 2:30p Shannon Rose Irish Pub - St Judes St. Patricks Celebration - (Bring \$ for lunch and raffle tickets)</b></p>	

Sunday, March 10th	Monday, March 11th	Tuesday, March 12th	Wednesday, March 13th
<p>10a-11a Open Breakfast (J4)  12p-2p Sip &amp; Paint (J2)  2p-3p Pokeno (J2)  4p-5:30p  <b>Move and Groove</b>  (Come learn popular party dances or other styles of dance!) (J4)  <b>Basketball Games</b>  <b>Woodrow Wilson HS, Clifton</b>  <b>TBA</b>  **11:30a-4p St. Patricks Day Parade in West Orange (Parade is at 12:15p; Bring \$ for lunch)</p>	<p>4p-5p JESPY Planters (J4)  4p-5p Couponing (J4)  5p-6p Poetry (J2)  6p-8p Stop &amp; Shop (Bring \$\$ for purchases) (J2)    <b>6PM - JESPY CAFE MEETING WITH ACCESS LINK</b>  Please come to support JESPY in advocating for our clients' transportation needs.</p>	<p>4p-5p Healthy Choices (J4)  5p-6p Kitchen Basics (J4)  5p-6p Current Events (J4)  6p-7p Women's Book Club  6p-7p Music Composition (J4)  7p-8p Photography (J4)  7:30p-8:30p Zumba (J2)  6p-7:30p Walking Group (J4)  6p-8p P.A.C.E. Work Program (J4)  <b>Basketball Practice 5:30p-6:30p</b>  <b>Depart 4:45 (J4)</b>  <b>@ Hoop Heaven</b></p>	<p style="text-align: center;"><b>CAFÉ CLOSED</b></p>
Thursday, March 14th	Friday, March 15th	Saturday, March 16th	<p style="text-align: center;"><b>Happy St. Patricks Day!</b></p> <div data-bbox="1633 1024 1990 1563" data-label="Image"> </div>
<p>5p-6p Kitchen Basics (J4)  5p-6p Yoga &amp; Meditation (J2)  5p-7p Zentangle (J4)  5p-8p Young Adult Group (J4)  6p-8p JESPY Entrepreneurs (J4)  6p-8p J-Street Band Practice (J2)  7p-8:30p Knitting (J4)  <b>Bowling Practice 6p-7p</b>  <b>Depart 5p (J4)</b></p>	<p>4p-5p Computer Class (J4)  4p-4:45p Bingo (J4)  5p-8p  <b>JESPY Talent Show!!</b>  <i>Do you have jokes, a song or a dance you would like to show off, come on down!!!</i>    <i>(Community dinner will be served @ 630)</i>    (J4)</p>	<p>10:30a-11a Trip Planning Session (J4)  12p-1p Dine-in Deli Lunch (J4)  2p-3p Candle making J4)  4p-5:30p Night at the Movies presents: Disney's Saving Mr. Banks (J4)  (Snacks provided)  <b>Basketball</b>  <b>Sectionals TBA</b>  **9:30a-3p Basketball Sectionals Spectators (Bring \$ for lunch)</p>	

Sunday, March 17th	Monday, March 18th	Tuesday, March 19th	Wednesday, March 20th
<p>10a-11a Open Breakfast (J4) 12p-2p Iron On Beads (J4) 2p-3p Memory Game w/ Cards (J4) <b>3p-6p St Patricks Day Party (J4) Irish Dinner, Dancing, and Fun!</b></p> <p><b>Basketball Sectionals</b> <b>TBA</b> <b>**No Trip</b></p>	<p>4p-5p JESPY Planters (J4) 5p-6p Couponing (J4) 5p-6p Poetry (J2) <b>**6p-8p Dunkin Donuts + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</b> 6p-8p J-Street Band Practice (J2) 6p-8p Trader Joes (Bring \$\$ for purchases) (J2)</p>	<p>4p-5p Healthy Choices (J4) 5p-6p Kitchen Basics (J4) 5p-6p Current Events (J4) <b>6p-7p Women's Book Club</b> <b>6p-7p Music Composition (J4)</b> 7p-8p Photography (J4) 7:30p-8:30p Zumba (J2) 6p-7:30p Walking Group (J4) <b>6p-8p P.A.C.E. Work Program (J4)</b></p> <p><b>Basketball Practice 5:30p-6:30p</b> <b>Depart 4:45 (J4)</b> <b>@ Hoop Heaven</b></p>	<p>4:30p-5:30p Latch Hook Craft (J4) 5p-6p Glee Club (J4) 6:30p-7:30p Theatre Group (J2) 6p-8p 45 + Group (Scarp booking) (J4 upstairs) <b>6p-8p Catering Club (J4 Kitchen)</b> <b>6p-8p Nutritional Cooking Group (J2 Kitchen)</b> <b>**NO TRIP</b> <b>7p-8:30p GIRLS NIGHT OUT (J4)</b> <b>Snacks, prizes and fun!!</b></p>
Thursday, March 21st	Friday, March 22nd	Saturday, March 23rd	 <p><i>Did you go?!?!?</i></p>
<p>5p-6p Kitchen Basics (J4) 5p-6p Yoga &amp; Meditation (J2) 5p-7p Zentangle (J4) <b>5p-8p Young Adult Group (J4)</b> <b>6p-8p JESPY Entrepreneurs (J4)</b> <b>6p CLIENT TEAM MEETING (J4)</b> <b>6p-8p J-Street Band Practice (J2)</b> 7p-8:30p Knitting (J4) <b>Bowling Practice 6p-7p</b> <b>Depart 5p (J4)</b></p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) <b>5p-8p</b> <b>CLUB JESPY</b> Come cut a rug in the JESPY café! <i>Community Dinner will be served at 6:30pm.</i></p>	<p>10:30a-11a Flower arranging (J4) 12p-1p Dine-in Deli Lunch (J4) 2p-3p Brain teasers (J4) 4p-5:30p Night at the Movies presents: Hotel Transylvania 3 (J4) (Snacks provided) <b>Bowling Spring Games</b> <b>TBA</b></p> <p><b>**12p-4p Devils Game @ PruCenter - \$75 (Bring \$ for lunch)</b></p>	



Sunday, March 24th	Monday, March 25th	Tuesday, March 26th	Wednesday, March 27th
<p>10a-11a Open Breakfast (J4)  12p-1p Jewelry Making (J4)  2p-3p Fun w/ Play doh (J4)  4p-5:30p  <b>Move and Groove</b>  (Israeli Dance!) (J4)  <b>Bowling Spring Games</b>  <b>TBA</b>  **11:30a-5:30p Annie @ UCPAC  - \$30 (Bring \$\$ for lunch)</p>	<p>4p-5p JESPY Planters (J4)  5p-6p Couponing (J4)  5p-6p Poetry (J2)  **6p-8p Starbucks + return to J4  for Table Topics  (Bring \$ for snacks; new discussion  topics every week)  6p-8p J-Street Band Practice (J2)  6p-8p Stop &amp; Shop (Bring \$\$ for  purchases) (J2)</p>	<p>4p-5p Healthy Choices (J4)  5p-6p Kitchen Basics (J4)  5p-6p Current Events (J4)  6p-7p Women's Book Club  6p-7p Music Composition (J4)  7p-8p Photography (J4)  7:30p-8:30p Zumba (J2)  6p-7:30p Walking Group (J4)  6p-8p P.A.C.E. Work Program (J4)  <b>Basketball Practice 5:30p-6:30p</b>  <b>Depart 4:45 (J4)</b>  <b>@ Hoop Heaven</b></p>	<p>4:30p-5:30p Who am I? (J4)  5p-6p Glee Club (J4)  6:30p-7:30p Theatre Group (J2)  6p-8p 45 + Group (Scrabble &amp;  cheese/cracker night) (J4 upstairs)  6p-8p Catering Club  (J4 Kitchen)  6p-8p Nutritional Cooking Group  (J2 Kitchen)  **6p-8p TGI Fridays</p>
Thursday, March 28th	Friday, March 29th	Saturday, March 30th	Sunday, March 31st
<p>5p-6p Kitchen Basics (J4)  5p-6p Yoga &amp; Meditation (J2)  5p-7p Zentangle (J4)  5p-8p Young Adult Group (J4)  6p-8p JESPY Entrepreneurs (J4)  6p-8p J-Street Band Practice (J2)  7p-8:30p Knitting (J4)  <b>Bowling Practice 6p-7p</b>  <b>Depart 5p (J4)</b></p>	<p>4p-5p Computer Class (J4)  4p-4:45p Bingo (J4)  5p-8p  <u><b>Honor The Blue!</b></u>  <b>Help us celebrate our</b>  <b>South Orange police</b>  <b>officers by preparing and</b>  <b>serving a meal for them.</b>  <i>(Community Dinner will be</i>  <i>served @ 6:30) (J4)</i></p>	<p>10:30a-11a Bulletin Board (J4)  12p-1p Dine-in Deli Lunch (J4)  2p-3p Party Prep (J4)  4p-5:30p Night at the Movies  presents: Star (J4)  (Snacks provided)  6p-8p BIRTHDAY CLUB &amp; OCEAN  GROVE FUNDRAISER - \$10  Special Dinner Made by LISA J!  Dance, eat, and celebrate!  <b>Basketball</b>  <b>Spring Games TBA</b>  **10:30a-4:30p Sterling Hill Mining  Tour - \$15 (Bring \$ for lunch and  souvenirs)</p>	<p>10a-11a Open Breakfast (J4)  12p-1p Doodle Time (J4)  2p-3p No bake cookie making (J4)  4p-5:30p  <b>Move and Groove</b>  (Israeli Dance!) (J4)  <b>Basketball</b>  <b>Spring Games</b>  <b>TBA</b>  **11a-4p Chocolate Expo @  Rutgers - \$25 (Bring \$\$ for  lunch)</p>