



# 2019

# JUNE

**Blue = Must Sign Up (Shay Remillard, ext. 424 or [sremillard@jespy.org](mailto:sremillard@jespy.org))**

*For any trips or groups in blue, you must sign up with Shay via phone or email to be guaranteed a spot on the trip. If you show up without signing up and there are no openings, you will be turned away. If you sign up for a trip that requires a ticket purchase, you will be responsible for that cost even if you cannot attend the outing.*

Clinical groups are \$15 per session. There are package rates available for clients attending multiple groups. Please contact the clinical department at ext. 307 for group details or regarding payment.

Please note that the ATHLETICS ACTIVITIES all appear on a separate calendar. For more information or to receive the calendar, please reach out to Jerica Best at ext. 426 or [jb主@jespy.org](mailto:jb主@jespy.org)

Please call extension 215 for daily updates regarding the activity schedule. Also, join our Facebook group: JESPY Thunder for more information and updates on the program. Thanks!

## Saturday, June 1st

**10:30a-11:30a Bulletin Board Design (J4)**


**12p-1p Dine-in Deli Lunch (J4)**

**2p-3p Creative Baking (J4)**

**4p-5:30p JESPY Entrepreneurs (J4)**

**\*\*4p-8p The "Under Cover Music Fest" on Sloan Street (Bring spending and dinner money)**

Sunday, June 2nd	Monday, June 3rd	Tuesday, June 4th	Wednesday, June 5th
<p>10a-10:30a Voter Education (J4) 11p-12p Open Brunch (J4) 1:30p-4:30p <b>RHONDA BADONDA: THE GIRL WITH THE PAIN IN HER BRAIN</b></p> <p>Come see this fantastic 1 woman show about living with a disability. Enjoy free desserts after the show while chatting with Rhonda herself!</p> <p>Please be at the café by 1:30 for rides or meet us at South Orange Middle School by 2pm</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Kitchen Basics (J4) **6p-8p Starbucks + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week) 6p-8p Drum Circle (J2) **6p-8p Stop &amp; Shop (Bring \$\$ for purchases) (J4) 7p-8p Stress and Anxiety Management Clinical Group(J2)</p>	<p>4p-5p Healthy Choices (J4) 5p-6p P.A.C.E. Program (J4) 5p-6p Yoga (J4) 6p-7p Women’s Book Club (J4) 6p-7:30p J-Street Band (J2) 6p-7p Walking Group (J4) 7p-8p Current Events (J4) 7:30p-8:30p Comic Book Club (J2) <b>ZUMBA MOVED TO WEDNESDAY</b> 7p-8p Anger Management Clinical Group (J2)</p>	<p>4p-5p Glee Club (J2) 4:30p-5:30p Art Creations (J4) 5p-6p #TheScoop (J4) 5p-6p Word Game Wednesdays (J4) 6:30p-7:30p Zumba (J2) 6p-8p Nutritional Cooking Group (J2) 6p-8p Marvel Movie Month: THOR (J4) (Light refreshments) **6p-8p Walmart (Bring \$\$ for purchases) (J4)</p>
Thursday, June 6th	Friday, June 7th	Saturday, June 8th	<p>COME SEE RHONDA BADONDA’s ONE WOMAN SHOW - JUNE 2nd, 2pm @ South Orange Middle School</p> 
<p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J4) 5p-7p Zentangle (J4) 5p-8p Young Adult Group (J4) 6p-8p 45+ Group (J4) 6p-8p Weekly Wind-Down (J4) 6p-8p J-Street Band Practice (J4) 7p-8:30p Knitting (J4)</p>	<p><b>NO COMPUTER CLASS</b> 4p-4:45p Bingo (J4) 5:30p-6p Community Dinner (J4) 6p-8p CLUB JESPY Come let loose in the JESPY café!</p>	<p>10:30a-11a Trip Planning Session (J4) 12p-1p Dine-in Deli Lunch (J4) 2p-3:30p Sip &amp; Paint (J4) 4p-5:30p JESPY Entrepreneurs (J4)  **10a-6p Spectator Trip for Special Olympics State Games (Bring \$ for lunch)</p>	

Sunday, June 9th	Monday, June 10th	Tuesday, June 11th	Wednesday, June 12th
<p>10a-11a Open Breakfast (J4)</p> <p>12p-1:30p String Art (J4)</p> <p>2:30p-3:30p Name That Tune (J4)</p> <p>4p-5:30p Open Mic Night (J4)</p> <p><b>**11a-5p Jersey City Jazz Festival</b> (Bring spending and lunch money)</p>	<p>4p-5p JESPY Planters (J4)</p> <p>4p-5p Couponing (J4)</p> <p>5p-6p Poetry (J2)</p> <p>5p-6p Kitchen Basics (J4)</p> <p><b>**6p-8p Dunkin Donuts + return to J4 for Table Topics</b> (Bring \$ for snacks; new discussion topics every week)</p> <p>6p-8p Drum Circle (J2)</p> <p><b>**6p-8p Trader Joes (Bring \$\$ for purchases)</b> (J4)</p> <p>7p-8p Stress and Anxiety Management Clinical Group (J2)</p>	<p>4p-5p Healthy Choices (J4)</p> <p>5p-6p P.A.C.E. Program (J4)</p> <p>5p-6p Yoga (J4)</p> <p>6p-7p Women's Book Club (J4)</p> <p>6p-7:30p J-Street Band (J2)</p> <p>6p-7p Walking Group (J4)</p> <p>7p-8p Current Events (J4)</p> <p>7:30p-8:30p Comic Book Club (J2)</p> <p><b>ZUMBA MOVED TO WEDNESDAY</b></p> <p>7p-8p Anger Management Clinical Group (J2)</p>	<p>4:30p-5:30p Art Creations (J4)</p> <p>5p-6p Glee Club (J2)</p> <p>5p-6p #TheScoop (J4)</p> <p>5p-6p Word Game Wednesdays (J4)</p> <p><b>6:30p-7:30p Zumba (J2)</b></p> <p><b>6p-8p Nutritional Cooking Group (J2)</b></p> <p>6p-8p Marvel Movie Month: <b>THOR</b> (J4) (Light refreshments)</p> <p><b>**6p-8p Applebees (Bring \$\$ for purchases)</b> (J4)</p>
Thursday, June 13th	Friday, June 14th	Saturday, June 15th	 <p><b>Special Olympics</b> <i>New Jersey</i></p> <p><b>Good luck JESPY athletes!!!</b></p>
<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J4)</p> <p>5p-7p Zentangle (J4)</p> <p>5p-8p Young Adult Group (J4)</p> <p>6p-8p 45+ Group (J4)</p> <p>6p-8p Weekly Wind-Down (J4)</p> <p>6p-8p J-Street Band Practice (J4)</p> <p>7p-8:30p Knitting (J4)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5:30p-6p Community Dinner (J4)</p> <p><b>6p-8p CLUB JESPY</b></p> <p>Come let loose in the JESPY café!</p> <p><b>6p-8p Shabbat Service at Temple Beth El (J4)</b></p>	<p>10:30a-11a Menu Planning (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>1:30p-3:30p Iron On Beads (J4)</p> <p>4p-5:30p JESPY Entrepreneurs (J4)</p> <p><b>**10a-8p Day Out in Philadelphia - \$60 (Bring \$\$ for food and spending)</b></p>	

Sunday, June 16th	Monday, June 17th	Tuesday, June 18th	Wednesday, June 19th
<p>10a-11a Open Breakfast (J4)</p> <p>12p-1p Flower Arranging (J4)</p> <p>2p-3p Creative Baking (J4)</p> <p>4p-5:30p Move &amp; Groove: Israeli Dancing! (J4)</p> <p><b>**11a-4p Picnic and Gardens at Duke Island Park</b></p>	<p>4p-5p JESPY Planters (J4)</p> <p>4p-5p Couponing (J4)</p> <p>5p-6p Poetry (J2)</p> <p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Photography (J4)</p> <p><b>**6p-8p Starbucks + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</b></p> <p>6p-8p Drum Circle (J2)</p> <p><b>**6p-8p Stop &amp; Shop (Bring \$\$ for purchases) (J4)</b></p> <p>7p-8p Stress and Anxiety Management Clinical Group(J2)</p>	<p>4p-5p Healthy Choices (J4)</p> <p>5p-6p P.A.C.E. Program (J4)</p> <p>5p-6p Yoga (J4)</p> <p>6p-7p Women's Book Club (J4)</p> <p>6p-7:30p J-Street Band (J2)</p> <p>6p-7p Walking Group (J4)</p> <p>7p-8p Current Events (J4)</p> <p>7:30p-8:30p Comic Book Club (J2)</p> <p><b>NO ZUMBA</b></p> <p>7p-8p Anger Management Clinical Group (J2)</p>	<p><b>CAFÉ CLOSED</b></p> <p>6p-8p Nutritional Cooking Group (J2)</p>
Thursday, June 20th	Friday, June 21st	Saturday, June 22nd	FRIDAY NIGHT
<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J4)</p> <p>5p-7p Zentangle (J4)</p> <p>5p-8p Young Adult Group (J4)</p> <p>5:30p - TOUR OF THE OCH HOUSE (J4)</p> <p>6p-8p 45+ Group (J4)</p> <p>6p-8p CLIENT TEAM MEETING (J4)</p> <p>6p-8p J-Street Band Practice (J4)</p> <p>7p-8:30p Knitting (J4)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p><b>5:30p-6:30p THIRD FRIDAY EVENT: RHYTHM NIGHT DRUM CIRCLE</b></p> <p><b>Gift cards will be raffled off to participants.</b></p> <p>6:30p - 7p Community Dinner (J4)</p>	<p>10:30a-11a Activity Planning Session (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>2p-4p Iron On Beads (J4)</p> <p>4p-5:30p JESPY Entrepreneurs (J4)</p> <p><b>**9:30a-6p Bridgefest Free Festival at Ocean Grove Beach and Boardwalk (Bring \$\$ for food and activities)</b></p>	<p><b>FRIDAY NIGHT</b></p>  <p><b>DRUM CIRCLE</b></p>

Sunday, June 23rd	Monday, June 24th	Tuesday, June 25th	Wednesday, June 26th
<p>10a-11a Open Breakfast (J4)</p> <p>12p-1p Jewelry Making (J4)</p> <p>2p-3p Name That Tune (J4)</p> <p>4p-5:30p Sip &amp; Paint (J4)</p> <p><b>**10:30a-4p Turtleback Zoo - \$25 (Bring \$\$ for lunch)</b></p>	<p>4p-5p JESPY Planters (J4)</p> <p>4p-5p Couponing (J4)</p> <p>5p-6p Poetry (J2)</p> <p>5p-6p Kitchen Basics (J4)</p> <p><b>**6p-8p Dunkin Donuts + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</b></p> <p>6p-8p Drum Circle (J2)</p> <p><b>**6p-8p ShopRite (Bring \$\$ for purchases) (J4)</b></p> <p>7p-8p Stress and Anxiety Management Clinical Group(J2)</p>	<p>4p-5p Healthy Choices (J4)</p> <p>5p-6p P.A.C.E. Program (J4)</p> <p>5p-6p Yoga (J4)</p> <p>6p-7p Women's Book Club (J4)</p> <p>6p-7:30p J-Street Band (J2)</p> <p>6p-7p Walking Group (J4)</p> <p>7p-8p Current Events (J4)</p> <p>7:30p-8:30p Comic Book Club (J2)</p> <p><b>ZUMBA MOVED TO WEDNESDAY</b></p> <p>7p-8p Anger Management Clinical Group (J2)</p>	<p>4:30p-5:30p Art Creations (J4)</p> <p>5p-6p Glee Club (J2)</p> <p>5p-6p #TheScoop (J4)</p> <p>5p-6p Word Game Wednesdays (J4)</p> <p><b>6:30p-7:30p Zumba (J2)</b></p> <p><b>6p-8p Nutritional Cooking Group (J2)</b></p> <p>6p-8p Marvel Movie Month: THOR (J4) (Light refreshments)</p> <p><b>**6p-8p Best Buy/Target (Bring \$\$ for purchases) (J4)</b></p>
Thursday, June 27th	Friday, June 28th	Saturday, June 29th	Sunday, June 30th
<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J4)</p> <p>5p-7p Zentangle (J4)</p> <p>5p-8p Young Adult Group (J4)</p> <p>6p-8p 45+ Group (J4)</p> <p>6p-8p Weekly Wind-Down (J4)</p> <p>6p-8p J-Street Band Practice (J4)</p> <p>7p-8:30p Knitting (J4)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5:30p-6p Community Dinner MADE BY CATHERINE C! (J4)</p> <p>6p-8p CLUB JESPY Come let loose in the JESPY café!</p>	<p>10:30a-11a Party Prep (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>2p-4p Iron On Beads (J4)</p> <p>4p-5:30p JESPY Entrepreneurs (J4)</p> <p>Late Night! 6p-8p BIRTHDAY CLUB—\$10 (Social Action Fundraiser! Dinner &amp; dessert will be served. You can also pick up a dinner!)</p> <p><b>**11a-4p Bridgewater Mall Movies, Lunch, and Shopping (Bring spending and lunch money)</b></p>	<p>10a-11a Open Breakfast (J4)</p> <p>12p-1p Trivia Topics (J4)</p> <p>1:30p-3:30p Sip &amp; Paint (J4)</p> <p>4p-5:30p Open Mic (J4)</p> <p><b>**1p-8p State Fair at the Meadowlands - \$25 (Bring \$\$ for dinner and activities)</b></p>