




2019



Wednesday, May 1st	Thursday, May 2nd	Friday, May 3rd	Saturday, May 4th
<p>4p-5p Glee Club (J2)</p> <p>5p-6p #TheScoop (J4)</p> <p>5p-6p Word Game Wednesdays (J4)</p> <p>6p-8p Theater Club (J2)</p> <p>6p-8p 45+ Group (J4)</p> <p>6p-8p Nutritional Cooking Group (J2)</p> <p>6p-8p Marvel Movie Month: IRON MAN (J4) (Light refreshments)</p> <p>**NO TRIP**</p>	<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J4)</p> <p>5p-7p Zentangle (J4)</p> <p>5p-8p Young Adult Group (J4)</p> <p>6p-7p Social Action (J4)</p> <p>6p-8p Table Topics (J4)</p> <p>6p-8p J-Street Band Practice (J4)</p> <p>7p-8:30p Knitting (J4)</p> <p>6:30p-7:30p Transition, Loss, and Change Clinical Group (J2)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5:30p-6p Community Dinner (J4)</p> <p>6p-8p Outdoor Movie</p> <p>Movie will be voted on at dinner.</p> <p>(Refreshments will be served.)</p>	<p>10:30a-11a Activity Planning Session (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>1p-3p Sip & Paint Window Painting (J4)</p> <p>4p-5p JESPY Theater Group Presents: FIDDLER ON THE ROOF (Refreshments will be served.)</p> <p>**11a-4p Mothers Day Gift Boutique in West Orange + Lunch (Bring \$ for lunch and purchases)</p>

Sunday, May 5th	Monday, May 6th	Tuesday, May 7th	Wednesday, May 8th
<p>10a-11a Open Breakfast (J4) 12p-1p Bulletin Board (J4) 1p-3p Iron On Beads (J4)</p> <p>4p-5p JESPY Theater Group Presents: FIDDLER ON THE ROOF (Refreshments will be served.)</p> <p>**12p-4p JCC Metrowest Spring Fling Dance and Lunch—\$30</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Kitchen Basics (J4) 5p-6p Photography (J4)</p> <p>**6p-8p Starbucks + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</p> <p>6p-8p J-Street Band Practice (J2)</p> <p>**6p-8p Stop & Shop (Bring \$\$ for purchases) (J4)</p> <p>6:30p-7:30p Disordered Eating (J2)</p>	<p>4p-5p Healthy Choices (J4) 5p-6p P.A.C.E. Program (J4) 5p-6p Yoga (J4) 6p-7p Women’s Book Club (J4) 6p-7p Walking Group (J4) 7p-8p Comic Book Club (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-5p Coping Through Art Clinical Group (J2) 7p-8p Extreme Emotions Clinical Group (J2)</p>	<p>4p-5p Glee Club (J2) 4:30p-5:30p Art Creations (J4) 5p-6p #TheScoop (J4) 5p-6p Word Game Wednesdays (J4) 6:30p Theater Club Cast Party (J2) 6p-8p 45+ Group (J4) 6p-8p Nutritional Cooking Group (J2)</p> <p>6p-8p Marvel Movie Month: THOR (J4) (Light refreshments)</p> <p>**6p-8p Walmart (Bring \$\$ for purchases) (J4)</p>
Thursday, May 9th	Friday, May 10th	Saturday, May 11th	
<p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J4) 5p-7p Zentangle (J4) 5p-8p Young Adult Group (J4) 6p-7p JESPY Journal (J4) 6p-8p CLIENT TEAM MEETING (J4) 6p-8p J-Street Band Practice (J4) 7p-8:30p Knitting (J4) 6:30p-7:30p Transition, Loss, and Change Clinical Group (J2)</p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) 5:30p-6p Community Dinner (J4)</p> <p>6p-8p CLUB JESPY Come let loose in the JESPY café!</p>	<p>10:30a-11a Trip Planning Session (J4) 12p-1p Dine-in Deli Lunch (J4) 2p-3p Mothers Day Cards (J4) 4p-5:30p JESPY Entrepreneurs (J4)</p> <p>**11a-5p Freehold Mall + Movie Theater (Bring \$ for lunch and purchases/movie ticket)</p>	

Sunday, May 12th	Monday, May 13th	Tuesday, May 14th	Wednesday, May 15th
<p>10a-11a Open Breakfast (J4) 12p-1p Flower Arranging (J4) 2p-3p Creative Baking (J4) 4p-5:30p Open Mic Night (J4)</p> <p>**11a-4:30p Lunch and THE RIDE Interactive Bus Tour of New York City - \$70 (Bring \$\$ for lunch)</p>	<p>4p-5p JESPY Planters (J4) 4p-5p Couponing (J4) 5p-6p Poetry (J2) 5p-6p Kitchen Basics (J4) 5p-6p Photography (J4) **6p-8p Dunkin Donuts + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week) 6p-8p J-Street Band Practice (J2) **6p-8p Trader Joes (Bring \$\$ for purchases) (J4) 6:30p-7:30p Disordered Eating (J2)</p>	<p>4p-5p Healthy Choices (J4) 5p-6p P.A.C.E. Program (J4) 5p-6p Yoga (J4) 6p-7p Women's Book Club (J4) 6pm TOUR OF THE OCH HOUSE 6p-7p Walking Group (J4) 7p-8p Comic Book Club (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2) 4p-5p Coping Through Art Clinical Group (J2) 7p-8p Extreme Emotions Clinical Group (J2)</p>	<p style="text-align: center;">CAFÉ CLOSED</p> <p>6p-8p Nutritional Cooking Group (J2)</p>
Thursday, May 16th	Friday, May 17th	Saturday, May 18th	
<p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J4) 5p-7p Zentangle (J4) 5p-8p Young Adult Group (J4) 6p-7p Social Action Potluck (J4) 6p-8p Weekly Wind-Down (J4) 6p-8p J-Street Band Practice (J4) 7p-8:30p Knitting (J4) 6:30p-7:30p Transition, Loss, and Change Clinical Group (J2)</p>	<p>4p-5p Computer Class (J4) 4p-4:45p Bingo (J4) 5:30p-8p COLOR WARS PIZZA PARTY Come get ready for the JESPY Color Wars by partying with friends and decorating your shirts! 6p-8p Shabbat Service at Temple Beth El (J4)</p>	<p>10:30a-11a Menu Planning (J4) 12p-1p Dine-in Deli Lunch (J4) 2p-3p Name That Tune (J4) 4p-5:30p JESPY Entrepreneurs (J4)</p> <p>**11a- 5p Freehold Raceway Horse Racing + Lunch (Bring \$\$ for races and lunch)</p>	<p style="text-align: center;">Will you be there?!?</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Don't forget your shirt!!</p>

Sunday, May 19th	Monday, May 20th	Tuesday, May 21st	Wednesday, May 22nd
<p>10a-3p JESPY HOUSE COLOR WARS followed by lunch at Mitti Mitti</p> <p>Enjoy fun, games, and friendly competition!</p> <p>Make sure you come to the Pizza Pre-Party on Friday the 17th to get your shirt and personalize it!</p> <p>(Café will be open 3p-6p)</p> <p>4p-5:30p Move & Groove: Israeli Dancing! (J4)</p>	<p>4p-5p JESPY Planters (J4)</p> <p>4p-5p Couponing (J4)</p> <p>5p-6p Poetry (J2)</p> <p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Photography (J4)</p> <p>**6p-8p Starbucks + return to J4 for Table Topics (Bring \$ for snacks; new discussion topics every week)</p> <p>6p-8p J-Street Band Practice (J2)</p> <p>**6p-8p Stop & Shop (Bring \$\$ for purchases) (J4)</p> <p>6:30p-7:30p Disordered Eating (J2)</p>	<p>4p-5p Healthy Choices (J4)</p> <p>5p-6p P.A.C.E. Program (J4)</p> <p>5p-6p Yoga (J4)</p> <p>6p-7p Women's Book Club (J4)</p> <p>6p-7p Walking Group (J4)</p> <p>7p-8p Comic Book Club (J4)</p> <p>7p-8p Current Events (J4)</p> <p>7:30p-8:30p Zumba (J2)</p> <p>4p-5p Coping Through Art Clinical Group (J2)</p> <p>7p-8p Extreme Emotions Clinical Group (J2)</p>	<p>No Glee</p> <p>4p-5p Word Game Wednesdays (J4)</p> <p>4:30p-5:30p Art Creations (J4)</p> <p>5p-6p #TheScoop (J4)</p> <p>6p-8p 45+ Group (J4)</p> <p>No Nutritional Cooking No Theater</p> <p>6p-8p Marvel Movie Month: CAPTAIN AMERICA (J4) (Light refreshments)</p> <p>**6p-8p Short Hills Mall (Bring \$\$ for dinner + purchases) (J4)</p>
Thursday, May 23rd	Friday, May 24th	Saturday, May 25th	
<p>5p-6p Kitchen Basics (J4)</p> <p>5p-6p Meditation (J4)</p> <p>5p-7p Zentangle (J4)</p> <p>5p-8p Young Adult Group (J4)</p> <p>6p-7p JESPY Journal (J4)</p> <p>6p-8p Weekly Wind-Down (J4)</p> <p>No Band</p> <p>No Knitting</p> <p>6:30p-7:30p Transition, Loss, and Change Clinical Group (J2)</p>	<p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5:30p-6p Community Dinner MADE BY CATHERINE C!</p> <p>In honor of her birthday, Catherine is once again making dinner for the JESPY clients! (J4)</p> <p>6p-8p CLUB JESPY Come let loose in the JESPY café!</p>	<p>10:30a-11a Party Prep (J4)</p> <p>12p-1p Dine-in Deli Lunch (J4)</p> <p>2p-4p Iron On Beads (J4)</p> <p>4p-5:30p JESPY Entrepreneurs (J4)</p> <p>Late Night!</p> <p>6p-8p BIRTHDAY CLUB—\$10 (Ocean Grove Fundraiser! Dinner & dessert will be served. You can also pick up a dinner!)</p> <p>**9a-6p Pt. Pleasant Beach and Jenkinson's Boardwalk—\$15 (Bring \$\$ for lunch)</p>	

Sunday, May 26th	Monday, May 27th	Tuesday, May 28th	Wednesday, May 29th
<p>10a-11a Open Breakfast (J4) 12p-1p Jewelry Making (J4) 2p-3p Name That Tune (J4) 4p-5:30p Sip & Paint (J4)</p> <p>**11a-5p Englishtown Flea Market and Lunch (Bring \$\$ for lunch and purchases)</p>	<p>CAFÉ OPEN 11A-2P</p>  <p>ANNUAL BARBEQUE! Food! Friends! Fun! Come on over!</p> <p>CAFÉ CLOSED AT 2PM NO EVENING PROGRAMMING</p>	<p>4p-5p Healthy Choices (J4) 5p-6p P.A.C.E. Program (J4) 5p-6p Yoga (J4) 6p-7p Women's Book Club (J4) 6p-7p Walking Group (J4) 7p-8p Comic Book Club (J4) 7p-8p Current Events (J4) 7:30p-8:30p Zumba (J2)</p> <p>4p-5p Coping Through Art Clinical Group (J2) 7p-8p Extreme Emotions Clinical Group (J2)</p>	<p>4p-5p Word Game Wednesdays (J4) 4:30p-5:30p Art Creations (J4) 5p-6p #TheScoop (J4) 5p-6p Glee Club (J2) 6p-8p 45+ Group (J4)</p> <p>No Nutritional Cooking No Theater</p> <p>6p-8p Marvel Movie Month: ANT-MAN (J4) (Light refreshments)</p> <p>**6p-8p Titos Burritos (Bring \$\$ for dinner) (J4)</p>
<p>Thursday, May 30th</p> <p>5p-6p Kitchen Basics (J4) 5p-6p Meditation (J4) 5p-7p Zentangle (J4) 5p-8p Young Adult Group (J4) 6p-7p Dance Committee (J4) 6p-8p Weekly Wind-Down (J4) 6p-8p J-Street Band Practice (J4)</p> <p>No Knitting</p> <p>6:30p-7:30p Transition, Loss, and Change Clinical Group (J2)</p>	<p>Friday, May 31st</p> <p>4p-5p Computer Class (J4)</p> <p>4p-4:45p Bingo (J4)</p> <p>5:30p-6p Community Dinner (J4)</p> <p>6p-8p Social Action Spring Into Summer Bash</p>	<p>Blue = Must Sign Up (Shay Remillard, ext. 424 or sremillard@jespy.org) <i>For any trips or groups in blue, you must sign up with Shay via phone or email to be guaranteed a spot on the trip. If you show up without signing up and there are no openings, you will be turned away. If you sign up for a trip that requires a ticket purchase, you will be responsible for that cost even if you cannot attend the outing.</i></p> <p>Clinical groups are \$15 per session. There are package rates available for clients attending multiple groups. Please contact Tanya at 307 for group details or regarding payment.</p> <p>Please call extension 215 for daily updates regarding the activity schedule. Also, join our Facebook group: JESPY Thunder for more information and updates on the program. Thanks!</p>	