Day Program



SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 BRING LUNCH T-Sites Senior Care & Activities Center 10:00am - 11:30am	4 BRING LUNCH BREAKFAST IS SERVED T-Sites Kitchen A La Mode 11:00am – 12:00pm	5 BRING LUNCH T-Sites Senior Care & Activities Center 10:00am – 11:30am Sonny's Bagels 1:30pm – 2:30pm	6 BRING LUNCH/MONEY YOGA 10:00-11:00 Art Workshop 9:30-11:30 T-Sites
NO DAY PROGRAM SWEA BBQ	*Groups *Glassroots* 1:00pm - 3:00pm TRANSITIONS Math Skills Anger Management DAY PROGRAM On This Day Mental Wellness Art Appreciation Creative Writing LIFE SKILLS Math Skills Money Management Anger Coping/Management Community Safety	Leather Shop 1:30pm – 2:30pm Groups *Chess Club* 1:00pm - 3:00pm TRANSITIONS Social Skills Travel Training Life Applications DAY PROGRAM Arts & Crafts Growth Mindset Geography Critical Thinking LIFE SKILLS Nutrition Health & Wellness Vocational Skills	Groups TRANSITIONS Hygiene Coping Skills DAY PROGRAM Grocery Shopping (Group A) Meal Preparation (Group A) Language Arts Music Appreciation LIFE SKILLS Language Arts Time Management Problem Solving Critical Thinking	Career Planning 11:00am - 12:00pm Leather Shop 1:30pm - 2:30pm Groups *Book Club* 10:00am - 12:00pm TRANSITIONS Social Skills Critical Thinking Film Appreciation/Outing DAY PROGRAM Social Skills Critical Thinking Film Appreciation/Outing LIFE SKILLS Spelling & Grammar Film Appreciation

9 BRING LUNCH/MONEY

T-Sites

Toni's Kitchen

10:00am - 11:30am Sadie's Retail Store

1:30pm – 2:30pm Petco

10:00am - 12:00pm

GROUPS

Chess Club 10:00am - 12:00pm

TRANSITIONS

Reading Comprehension
Budgeting
Getting Along/Self Esteem

DAY **PROGRAM**

Social/Coping Skills
Film Appreciation
Afternoon Outing

LIFE SKILLS

Social/Coping Skills Film Appreciation Afternoon Outing 10 BRING LUNCH

T-Sites

Senior Care & Activities Center

10:00am - 11:30am

GROUPS

TRANSITIONS
Math Skills

Anger Management

DAY PROGRAM

On This Day Mental Wellness Art Appreciation Creative Writing

LIFE SKILLS

Math Skills
Money Management
Anger Coping/Management
Hygiene

11 BRING LUNCH

T-Sites

Kitchen A La Mode

11:00am - 12:00pm Leather Shop

1:30pm - 2:30pm

GROUPS

Chess Club 1:00pm - 3:00pm

TRANSITIONS

Social Skills Life Applications

DAY PROGRAM

Arts & Crafts
Growth Mindset
Geography
Critical Thinking

LIFE SKILLS

Nutrition
Health & Wellness
Vocational Skills

12 BRING LUNCH

T-Sites

Senior Care & Activities Center

10:00am - 11:30am Sonny's Bagels

1:30pm - 2:30pm

GROUPS

TRANSITIONS
Hygiene
Coping Skills

DAY PROGRAM

Grocery Shopping (Group B)
Meal Preparation (Group B)
Cleaning
Music Appreciation

LIFE SKILLS

Language Arts
Time Management
Skills & Drills
Critical Thinking

13 BRING LUNCH/MONEY

Art Workshop 9:30-11:30 *T-Sites*

Career Planning

11:00am – 12:00pm Leather Shop

1:30pm - 2:30pm

GROUPS

Book Club 10:00am - 12:00pm

TRANSITIONS

Social Skills Critical Thinking Film Appreciation Afternoon Outing

DAY PROGRAM

Social Skills
Critical Thinking
Film Appreciation
Afternoon Outing

LIFE SKILLS

Spelling & Grammar Social Skills Film Appreciation

16 BRING LUNCH/MONEY

T-Sites

Toni's Kitchen

10:00am – 11:30am Sadie's Retail Store

1:30pm – 2:30pm Petco

10:00am - 12:00pm

Groups

Chess Club 10:00am - 12:00pm

TRANSITIONS
Penmanship
Team Building

DAY **PROGRAM**

Social/Coping Skills Film Appreciation Afternoon Outing

LIFE SKILLS

Social/Coping Skills Film Appreciation Afternoon Outing

17 BRING LUNCH

T-Sites

Senior Care & Activities Center 10:00am – 11:30am

Groups

Glassroots 1:00pm - 3:00pm

TRANSITIONS

Math Games Skills & Drills Time Management

DAY PROGRAM

On This Day Mental Wellness Art Appreciation Creative Writing

LIFE SKILLS

Math Skills
Money Management
Hygiene
Community Safety

18 BRING LUNCH

BREAKFAST IS SERVED

T-Sites

Kitchen A La Mode

11:00am – 12:00pm Leather Shop

1:30pm - 2:30pm

Groups

Chess Club 1:00pm - 3:00pm

TRANSITIONS

Problem Solving Self Reflection/Perception

DAY PROGRAM

Arts & Crafts
Growth Mindset
Geography
Critical Thinking

LIFE SKILLS

Nutrition
Health & Wellness
Vocational Skills

19 BRING LUNCH

T-Sites

Senior Care & Activities Center

10:00am - 11:30am Sonny's Bagels

1:30pm - 2:30pm

Groups

TRANSITIONS

Grocery Shopping
Meal Preparation
Cleaning
Open Discussion

DAY PROGRAM

Math Skills
History
Language Arts
Music Appreciation

LIFE SKILLS

Language Arts
Time Management
Problem Solving
Critical Thinking

20 BRING LUNCH/MONEY

YOGA

10:00- 11:00

Art Workshop 9:30-11:30

T-Sites

Career Planning

11:00am – 12:00pm Leather Shop

1:30pm - 2:30pm

Groups

Book Club 1:00pm - 3:00pm

TRANSITIONS

Trivia
Film Appreciation
Afternoon Outing

DAY PROGRAM

Trivia
Film Appreciation
Afternoon Outing

LIFE SKILLS

Spelling & Grammar Social Skills Film Appreciation 23

BRING LUNCH/MONEY

T-Sites

Toni's Kitchen

10:00am - 11:30am Sadie's Retail Store

1:30pm - 2:30pm Petco

10:00am - 12:00pm

Groups

Chess Club 10:00am - 12:00pm

TRANSITIONS

Reading Comprehnesion Budgeting Getting Along/Self Esteem

DAY **PROGRAM**

Social/Coping Skills **Film Appreciation Afternoon Outing**

LIFE SKILLS

Social/Coping Skills **Film Appreciation Afternoon Outing**

24

BRING LUNCH

T-Sites

Senior Care & Activities Center 10:00am - 11:30am

Groups

TRANSITIONS Math Skills Anger Management

DAY PROGRAM

On This Day **Mental Wellness Art Appreciation Creative Writing**

LIFE SKILLS

Math Skills Money Management Hygiene **Community Safety**

25 **BRING LUNCH**

T-Sites

Kitchen A La Mode

11:00am - 12:00pm **Leather Shop**

1:30pm - 2:30pm

Groups

Chess Club 1:00pm - 3:00pm

TRANSITIONS Social Skills

Life Applications

DAY PROGRAM

Arts & Crafts Growth Mindset Geography **Critical Thinking**

LIFE SKILLS

Nutrition **Health & Wellness Vocational Skills**

CAFÉ CLOSED

26 **BRING LUNCH**

T-Sites

Senior Care & Activities Center

10:00am - 11:30am Sonny's Bagels

1:30pm - 2:30pm

Groups

TRANSITIONS

Problem Solving Self Reflection/Perception

DAY PROGRAM

Math Skills History Language Arts Music Appreciation

LIFE SKILLS

Grocery Shopping Meal Preparation Cleaning **Critical Thinking**

27 **BRING LUNCH/MONEY**

Art Workshop 9:30-11:30 **T-Sites**

Career Planning

11:00am - 12:00pm **Leather Shop**

1:30pm - 2:30pm

Groups

Book Club 10:00am - 12:00pm

TRANSITIONS

Social Skills Critical Thinking Film Appreciation Afternoon Outing

DAY PROGRAM

Social Skills Critical Thinking Film Appreciation Afternoon Outing

LIFE SKILLS

Spelling & Grammar Social Skills Film Appreciation

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No Day		
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Please remember that Jespy Day Program will be closed on Monday September 2nd, in celebration of Labor Day.