

MARCH 2020

JESPY House – GREAT ONLINE GROUPS & ACTIVITIES AT YOUR FINGERTIPS!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
	<p>Athletics</p> <p>10 – 11:00am Cardio (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Social Skills 10a-12p</p> <p>Life Skills 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>Open chat 6-8p FB Chat</p>	<p>Athletics</p> <p>10 – 11:00am Strength (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Social Skills 10a-12p</p> <p>Life Skills 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA: Drawing desserts w/ Sandra 5-6p Via FB Live</p> <p>Women’s book club 7-8p via conference call</p> <p>FACEBOOK Giveaway!! 6:30p</p>	<p>Athletics</p> <p>10 – 11:00am Yoga & Stretch (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Meal planning & Nutrition 10a-12p</p> <p>Health, wellness & peace 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>Cooking w/Mike 6-8p Via Skype</p> <p>Conversation starter 4p-5p Via FB Live</p> <p>FB Trivia 5p-6p Via FB</p>	<p>Athletics</p> <p>10 – 11:00am Cardio (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Academic Enrichment 10a-12p</p> <p>Effective communication & interpersonal skills 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>Drawing animals w/ Sandra 5-6p Via FB Live</p> <p>Women’s book club 6- 7p Via conference call</p> <p>Mediation 5-6p Via Skype</p>	<p>Athletics</p> <p>10 – 11:00am Strength (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Job Skills 10-12p</p> <p>Yoga, relaxation & mindfulness 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>French Class 6p-7p via Video chat</p> <p>Cat Cam 3:30-4p Via Live Feed</p> <p>Education station: Math 5-6p Via FB</p>	<p>SWEA:</p> <p>Homemade air-dry clay w/ Sandra 2-3:30p Via FB Live Part 1</p> <p>Name that tune 4-5p Via video chat</p> <p>Weekly wind down 1-2p Via FB</p>

MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>SWEA:</p> <p>Homemade air-dry clay w/ Sandra 5-6p Via FB Live Part 2</p> <p>Healthy options w/ Lynn 11a-12p Via FB watch Party</p> <p>Late night chat w/ Nicole 7p Via WhatsApp</p>	<p>Athletics</p> <p>10 – 11:00am Cardio (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Social Skills 10a-12p</p> <p>Life Skills 1p-3p</p> <p><u>Clinical Groups 4p</u></p> <p>SWEA:</p> <p>Online Zumba 6:30-7:30 w/Jason Via Jason's FB page, Dance fitness w/ Jason, staff will there too!!</p> <p>Yoga 5-6p Via Skype</p>	<p>Athletics</p> <p>10 – 11:00am Strength (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Money & Math 10a-12p</p> <p>Learning with Games 1p-3p</p> <p><u>Clinical Groups 4p</u></p> <p>SWEA:</p> <p>Sip & Paint w/ Sandra 5-6p Via FB Live</p> <p>Women's book club 6-7p Via conference call</p> <p>Table topics Via Watch Party 7-8p</p>	<p>Athletics</p> <p>10 – 11:00am Yoga & Stretch (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Meal planning & Nutrition 10a-12p</p> <p>Health, wellness & peace 1p-3p</p> <p><u>Clinical Groups 4p</u></p> <p>SWEA:</p> <p>Cooking w/Mike 6-8p Via Skype</p> <p>Conversation starter 4p-5p Via FB Live</p> <p>FB Trivia 5-6p Via FB</p>	<p>Athletics</p> <p>10 – 11:00am Cardio (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Academic Enrichment 10a-12p</p> <p>Effective communication & interpersonal skills 1p-3p</p> <p><u>Clinical Groups 4p</u></p> <p>SWEA:</p> <p>Doodling w/ Sandra 5-6p Via FB Live</p> <p>Women's book club 6-7p Via conference call</p> <p>Mediation 5-6p Via Skype</p>	<p>Athletics</p> <p>10 – 11:00am Strength (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Job Skills 10-12p</p> <p>Yoga, relaxation & mindfulness 1p-3p</p> <p><u>Clinical Groups 4p</u></p> <p>SWEA:</p> <p>French class 6-7p Via Video chat</p> <p>Cat Cam 3:30-4p Via Live Feed</p> <p>Education station: States & capitals 5-6p Via FB</p>	<p>SWEA:</p> <p>Puffy Paint w/ Sandra 2-3:30p Via FB Live</p> <p>Name that tune 4-5p Via video chat</p> <p>Weekly wind down 1-2p Via FB</p>

MARCH 2020

APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
<p>SWEA: Embroidery stitching/ needle work w/ Sandra 5-6p Via FB Live</p> <p>Healthy options w/ Lynn 11a-12p Via FB watch party</p> <p>Late night chat w/ Nicole 7p Via WhatsApp</p>	<p>Athletics</p> <p>10 – 11:00am Cardio (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Social Skills 10a-12p</p> <p>Life Skills 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>Drawing session w/ Sandra 5-6p Via FB Live</p> <p>Women’s book club 7-8p via conference call</p> <p>FACEBOOK Giveaway!! 6:30p</p>	<p>Athletics</p> <p>10 – 11:00am Strength (FB Live)</p> <p>11-11:30a A&F Video Discussion Fb Live</p> <p>11:30a -12p A&F Written Discussion (FB Thunder page)</p> <p>Day Program:</p> <p>Money & Math 10a-12p</p> <p>Learning with Games 1p-3p</p> <p>Clinical Groups 4p</p> <p>SWEA:</p> <p>Painting w/ Sandra 5-6p Via FB Live</p> <p>Women’s book club 6-7p Via conference call</p> <p>Table topics Via Watch Party 7-8p</p>				